

PINE GROVE MILLS COMMUNITY IN ACTION VILLAGE NEWSLETTER

JUNE 2019

VILLAGE EVENTS

June 7 (Fri)...TIMBER SHOW at ROCK SPRINGS.....9 am – 5 pm

June 8 (Sat)...TIMBER SHOW at ROCK SPRINGS.....9 am – 4 pm

Stop by and visit the Ferg. Twp. Lions Club food stand for their famous Ham, Egg & Cheese sandwiches, Sloppy Joes, and Sausage sandwiches.

June 9 (Sun)...”MAKING A WILL” Seminar at ST PAUL LUTHERAN CHURCH.....2 pm

Seminar presented by Attorney Megan Will. No Admission Fee.

June 20 – Aug 8 (Thursdays)...PGM VFW SUMMER CRUISE-IN.....6 pm – 9 pm

"Cruise-in" your car - old, new or unusual, motorcycle, truck--or just stop in and be a spectator.

There will be drinks and food available for sale, the proceeds benefit Veterans and the community.

June 21 (Fri)...CHICKEN BBQ at Ferguson Twp. LIONS CLUB.....4 pm – 6 pm

Eat in or Take out. Complete Dinner \$10.00 Half-chicken \$6.00

Jun 23 (Sun)...Ferguson Twp YOUTH GROUP at Ferguson Twp LIONS CLUB.....3:30 – 5:30 pm

All kids in grades K-8 are welcome to come hear some ministry and take part in fun games and activities and have a snack. Learn more at <https://www.facebook.com/fergusontwp/youth/>

June 27 (Thu)...BLOOD DRIVE at Ferguson Twp. LIONS CLUB1:30 pm – 6:30 pm

June 27 (Thu)...FERGUSON TWP. SENIOR CITIZENS POTLUCK at PG Presbyterian Church.....11:30 am

Bring an item to share at the luncheon along with your service ware. Bingo with prizes at 2 pm.

THE VILLAGE SCOOP

The PINE GROVE MILLS FARMER’S MARKET is back – bigger and better! It is located in the parking lot of ST. PAUL LUTHERAN Church on Thursdays from JUNE 13 until SEPTEMBER 26, 3 pm to 7 pm. We are excited to bring you more vendors, more variety, and food trucks, too. The market is also seeking volunteers to help with set up, clean up, and traffic management. If you or your organization would like to help, please contact volunteer coordinators Sally Kolesar (861-1313) or Linda Rosensteel (814-880-6059). Visit our website at <https://pgmfarmersmarket.com>.

GELS: CONSUMER REPORTS RATES SUNSCREEN

#1 – LA ROCHE-POSEY Melt-in Sunscreen SPF 60+ (5 oz.) \$30

#2 – BULLFROG Land Sport Quik-Gel SPF 50+ (5 oz.) \$16

SPRAYS:

#1 – TRADER JOE’S Spray Sunscreen SPF 50+ (6 oz.) \$6

#2 – BANANA BOAT Sun Comfort Clear Ultramist Spray SPF50+ (\$13)

Because a common ingredient in sunscreens, Oxybenzone, is considered bad for the environment, Hawaii and Key West have banned sunscreens that contain it. An environmentally friendly that doesn’t contain it:

ENVIRONMENTALLY-FRIENDLY:

Walgreen’s Hydrating Lotion SPF50+ (\$2.50)

HELPFUL HINTS

How to get the best prices for air flights

1. Search by city not airport. Many cities have multiple airports with multiple prices.
2. Best day to depart=Tuesday Best day to return=Saturday
3. Best price is 60 days out, unless it’s a holiday, then it’s 90 days out
4. Compare 1 way flights, both ways, on different airlines

YOURS FOR A SMILE

A Minneapolis couple decided to go to Florida to thaw out during a particularly icy winter. They planned to stay at the same hotel where they spent their honeymoon 20 years earlier. Because of hectic schedules, it was difficult to coordinate their travel schedules. So, the husband left Minnesota and flew to Florida on Thursday, with his wife flying down the following day.

The husband checked into the hotel. There was a computer in his room, so he decided to send an e-mail to his wife, but he accidentally left out one letter in her e-mail address, and without realizing his error, sent the e-mail.

Meanwhile, somewhere in Houston, a widow had just returned home from her husband's funeral. He was a minister who was called home to glory following a heart attack. The widow decided to check her e-mail expecting messages from relatives and friends. After reading the first message, she screamed and fainted.

The widow's son rushed into the room, found his mother on the floor, and saw the computer screen which read:

To: My Loving Wife

I know you're surprised to hear from me. They have computers here now and you are allowed to send emails to your loved ones. I've just arrived and have been checked in. I see that everything has been prepared for your arrival tomorrow. Looking forward to seeing you then! Hope your journey is as uneventful as mine was.

P.S. Sure is freaking hot down here!

RECIPE CORNER

RASPBERRY CREAM CHEESE MUFFINS

- | | |
|--------------------------------|---------------------------------------|
| 4 oz. cream cheese, softened | 2 cups all-purpose flour |
| 4 T. unsalted butter, softened | 3 tsp. baking powder |
| 2 large eggs | 1/2 tsp. salt |
| 3/4 cup granulated white sugar | 1/4 tsp. baking soda |
| 3/4 cup buttermilk | 1 ¼ cups raspberries, fresh or frozen |
| 1 ½ tsp. vanilla extract | |

DIRECTIONS:

1. Preheat **oven** to 425F. Lightly spray 15-18 muffin cups with cooking spray or use paper or foil liners.
2. In a large bowl, using an electric mixer, beat butter and cream until light and creamy, about 3 min.
3. Add the sugar and beat well. Add eggs and beat until creamy.
4. Beat in vanilla and buttermilk. In a small bowl, stir together flour, baking powder, salt, and baking soda.
5. Add flour mixture to batter and stir well. Carefully fold in raspberries.
6. Spoon batter evenly into prepared muffin tins, filling to the top.
7. Bake at 425F for 5 minutes. LOWER HEAT to 375F and bake for another 15-17 minutes or until toothpick inserted in the middle comes out clean. Cool for 5 minutes before removing to a wire rack.

THE SYCAMORE ZOO ©

© The Adventures of Homer Smith the Cat (by Vicki L. Smith)

Chapter 5: FRED'S WINTER COAT. This is Fred getting his winter coat brushed out. Fred is on the right.



 Life is 10% what happens to you, and 90% how you react to it. – Charles R. Swindoll

This free newsletter is provided for the community by PGMCIA, the Pine Grove Mills Community-in-Action Foundation, Inc. Officers & board members: Nev Corl, Helen Grissing, Joan Henney, Nancy Poust, Donna Roseberry, Gayle Sunday, & Carol Zeigler. Paper copies of this newsletter are available at: PGM Post Office and CBT Bank (PGM). **Our resident artist is Carol DeMetrick.** To subscribe to this newsletter, send an email to me, Vicki Smith, at vl1@psu.edu with SUBJECT: PGMCIA NEWSLETTER.